

NEW INSTRUCTIONS

GENERAL INTERNAL MEDICINE PREVENTIVE MEDICINE APPOINTMENT

To improve the care we provide in General Internal Medicine, we have made several changes.

NEW ELECTRONIC HEALTH QUESTIONNAIRE

- Please complete a personalized **Health Questionnaire** by computer before your appointment.
- This replaces the paper version you may have filled out in past years.

INSTRUCTIONS:

The Health Questionnaire is available online at Patient Online (www.dhmc.org/patientonline), and is accessible to **PC computer users only**.

- Need a Patient Online account to complete the Health Questionnaire?
 - a. Log on to www.dhmc.org and click "Patient Online" to sign up now.
 - b. When you receive your username and password, return to your secure Patient Online account to complete your personalized Health Questionnaire.
- Already have a Patient Online account?
 - a. Log on to your secure Patient Online account. Your personalized Health Questionnaire is available once your annual appointment has been scheduled.
- Internet option is not available for Mac Users
 - a. Please arrive for your Health Questionnaire appointment to complete your Health Questionnaire in our waiting room before seeing your clinician.
 - b. Please ask the receptionists at Desk 3M to get you started when you arrive.

If you have questions about the above instructions, please contact (603) 653-xxxx. If you have completed the Health Questionnaire online, you do not need to come for the assigned Health Questionnaire appointment. Please arrive fifteen minutes before your appointment to allow time to check in and verify your insurance and contact information.

If you have questions about the above instructions, please feel free to contact us at (603) 653-xxxx or email: gimsupport@Hitchcock.org

PLEASE GO TO PAGE 2 NOW.

NEW HEALTH INFORMATION VIDEOS

a. For men ages 50-75:

- We have enclosed a **video about the PSA test for prostate cancer screening**. This video will give you information to help you decide if you want to have a PSA (prostate-specific antigen) blood test.
- Please watch the video before you come to your appointment.
- You and your doctor will be talking about this at your appointment.
- This video is **NOT** appropriate information if:
 - you have a personal history of prostate cancer;
 - you have had an elevated PSA (prostate specific antigen) blood test;
 - you are currently taking testosterone medications by prescription.

b. For women and men ages 50-75:

- We offer a **video that explains screening options for colon cancer**. This video will give you information to help you decide which option is best for you. You and your doctor will be talking about these options at your appointment.
- **TO REQUEST A VIDEO:**
 - If you have not had a recent screening for colon cancer, please call Mary Smith, RN at (603) 653-xxxx and leave a message, or email her at gimsupport@Hitchcock.ORG.
 - Please include your name, date of birth, mailing address and whether you want a VHS tape or a DVD.
- This video is **NOT** appropriate information if you have a personal history of colon cancer.

RESEARCH PROJECT

We are sending out these videos as part of a research project to find out the best way to give our patients information so they can make informed health care decisions. For more information and to participate, please read the enclosed **Research Project Information Sheet on page 3**.

Please return all videos and completed questionnaires at your appointment.

The Health History Questionnaire and videos are both important parts of your upcoming appointment in General Internal Medicine.

IF YOU RECEIVED A VIDEO, PLEASE GO TO PAGE 3 NOW.

GENERAL INTERNAL MEDICINE DECISION SUPPORT PROJECT RESEARCH PROJECT INFORMATION SHEET

This research project is being conducted in General Internal Medicine at Dartmouth-Hitchcock Medical Center by Dr. XXXX.

STUDY DESCRIPTION: This study assesses how patients make decisions about cancer screening tests. We are enrolling 50 to 75 year old patients who do not have a personal history of colon or prostate cancer. The study asks participants to view an informational video and complete a 2 part questionnaire. You may choose to answer any or all of the questions. The information collected by the research team consists of questionnaire responses and access to the medical record for up to six months after the questionnaire has been submitted, to gather data related to what cancer screening tests you choose.

CONSENT: You confirm your consent to participate in this research project by answering the questionnaire and returning it to us.

PATIENT CONSIDERATIONS: Your participation is voluntary. You will not be paid to participate in this study. We do not anticipate any risks to you. Your decision whether or not to participate in this study or a decision to withdraw will involve no penalty or loss of future medical care at DHMC.

PRIVACY: All the information you provide is confidential and is subject to the usual protections for medical records, in accordance with HIPAA Privacy legislation. Any data used for research purposes is strictly de-identified (in other words, your name is not identified in the research data). The data gathered from this study will be maintained indefinitely and may be used by the DHMC research team in the future.

Specific questions about this project may be directed to Mary Smith RN. Please leave a voice message for her at (603) 653-xxxx or contact her by email at gimsupport@Hitchcock.org.

If you have general questions about being a research participant, you may call the Office of the Committee for the Protection of Human Subjects at Dartmouth College (603) 646-3053 during normal business hours.