



**Ask your
health care provider
about this free video**

A Shared Decision-Making® Program produced by Health Dialog. Researched and evaluated by the Foundation for Informed Medical Decision Making.

Peace of Mind

Personal stories about advance directives

Preparing advance directives is a gift for your family. Family members talk about the difficulty of making choices for loved ones when they cannot speak for themselves at the end-of-life. This program explains the benefits of advance directives, including durable power of attorney for health care and living wills.