



**Ask your
health care provider
about this free video**

A Shared Decision-Making® Program produced by Health Dialog. Researched and evaluated by the Foundation for Informed Medical Decision Making.

Getting the Health Care That's right for you

One of the best ways to get better medical care is to be part of a “shared decision making” team with your health care provider. Your provider is the expert in medicine, but you are the expert on how you feel and what’s important to you. This program talks about how you can participate in decisions to help ensure that you’re getting the care that best meets your needs.