



**Ask your
health care provider
about this free video**

A Shared Decision-Making® Program produced by Health Dialog. Researched and evaluated by the Foundation for Informed Medical Decision Making.

Treatment choices for Uterine Fibroids

Uterine fibroids are abnormal growths of muscular tissue in the uterus. For premenopausal women who are considering treatment for uterine fibroids, this program provides information on the following treatment options: watchful waiting, medical therapy, and surgery including hysterectomy so that, together with your health care provider, you can decide on the best option to treat your fibroids.