



**Ask your
health care provider
about this free video**

A Shared Decision-Making® Program produced by Health Dialog. Researched and evaluated by the Foundation for Informed Medical Decision Making.

Treatment Choices for Knee Osteoarthritis

Osteoarthritis (OA) of the knee is one of the leading causes of disability as people get older. People who are overweight, have a family history of osteoarthritis, or have had a knee joint injury are at greater risk of developing knee arthritis. This program compares treatment options including: lifestyle changes, non-surgical treatments, arthroscopy and osteotomy, and partial or total knee replacement to help you decide, together with your health care provider, on the best treatment for you.