



**Ask your
health care provider
about this free booklet**

A Shared Decision-Making® Program produced by Health Dialog. Researched and evaluated by the Foundation for Informed Medical Decision Making.

Ovarian Cancer

Reducing your risk

Ovarian cancer is treatable when discovered early, unfortunately it is usually discovered later, when it is more difficult to treat. This booklet describes factors that may increase or decrease your risk for developing ovarian cancer, methods of screening and monitoring and things you may be able to do to decrease your risk.