

WELCOME to the

Caring for Mother/Baby Dyad during the COVID
Era ECHO

Session will start in less than 15 minutes



Newborn Transition to Home and Post-Partum Care of Infants born to COVID + mothers

Brian Youth, MD

Medical Director Newborn Nursery, Maine Medical Center

Pediatric Residency Program Director, Maine Medical Center



Conflict of Interest Disclosure Statement

No Conflicts of Interest



Objectives

- Review AAP Newborn Guidance regarding Discharge for COVID+ Moms
- Discuss discharge workflow for newborns
- Share supplemental Newborn Discharge Instructions
- Discuss newborn follow-up plan/visits
- Share MMC resources



Guidance for Newborn Discharge

INITIAL GUIDANCE:

Management of Infants Born to Mothers with COVID-19

Date of Document: April 2, 2020

Karen M. Puopolo, M.D. Ph.D., Mark L. Hudak, M.D.,

David W. Kimberlin, M.D., James Cummings, M.D.

American Academy of Pediatrics Committee on Fetus and Newborn, Section on Neonatal

Perinatal Medicine, and Committee on Infectious Diseases

www.aappublications.org/newswww/2020/04/02/infantcovidguidance040220



	Hand Hygiene	Use of Mask	Breast Hygiene	Limited M-B Contact Outside BF Encouraged	Mother-Baby Separation Rec'd	Shared Decision Making
WHO	X	X				
CDC	X	X				X
AAP	X	X	X		X	X
ACOG	X	X		X		X
AAFP	X	X		X		
ABM	X	X		X		X



Guidance for Newborn Discharge

- Well newborns should receive all indicated care, including circumcision if requested.
- Well newborns should be discharged from the birth hospital **based on the centers normal criteria.**

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- Note: MMC now testing **asymptomatic** mothers prior to delivery
 - Keep this in mind while considering these recommendations
 - To date- 1.7% positive rate of asymptomatic mothers testing positive (n= 156)



Guidance for Newborn Discharge- Highlights from AAP

- Infants determined to be infected by molecular testing (or whose status cannot be determined due to lack of testing), but with no symptoms of COVID-19, may be discharged home on a *case-by-case basis with appropriate precautions and plans for frequent outpatient follow-up contacts (either by phone, telemedicine, or in-office) through 14 days after birth.*
- Specific guidance regarding use of standard procedural masks, gloves and hand hygiene should be provided to all caretakers. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html>.
- Uninfected individuals >60 years of age and those with comorbid conditions should not provide care if possible.



Guidance for Newborn Discharge- Highlights from AAP

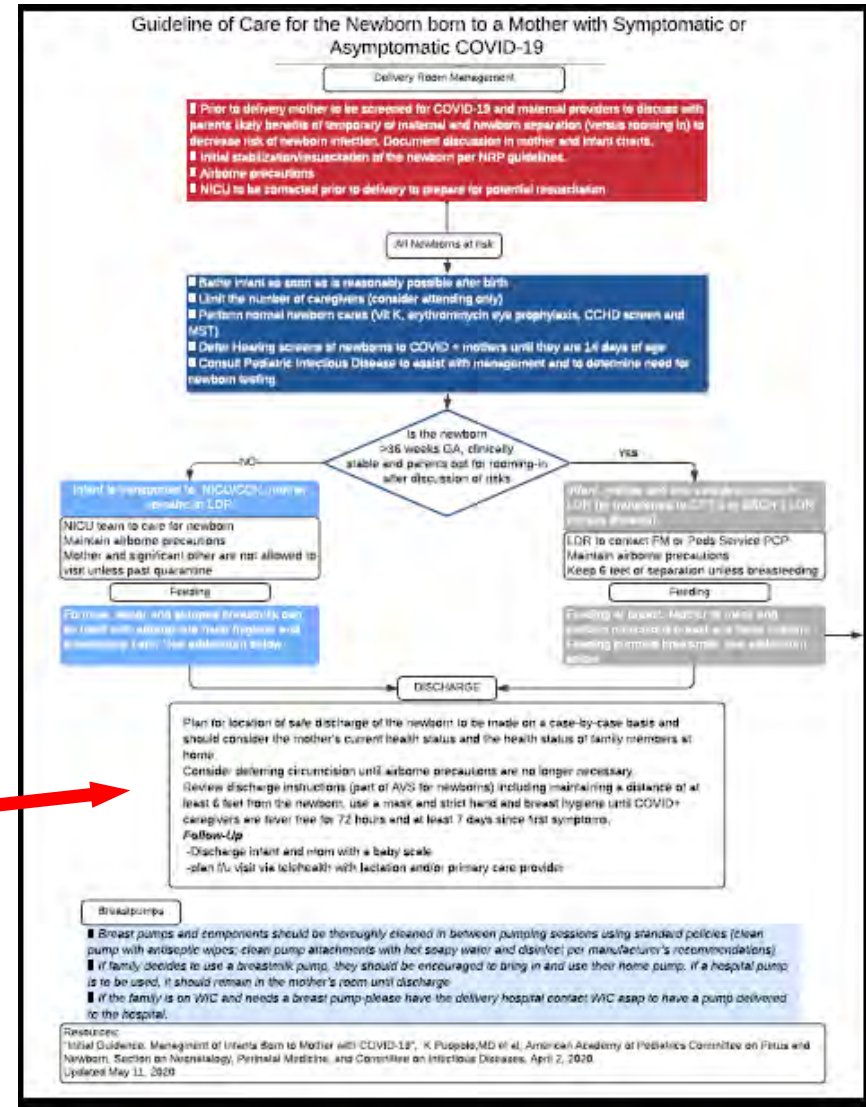
Infants with negative testing should optimally be discharged to the care of a designated healthy (non-infected) caregiver. If the mother is in the same household, she should:

- maintain a distance of at least 6 feet for as much of the time as possible,
- use a mask and hand hygiene for home newborn care until EITHER
 - (a) afebrile for 72 hours without use of antipyretics, and
 - (b) at least 7 days have passed since symptoms first appeared; OR she has negative results of a molecular assay from at least two consecutive np swab specimens collected 24 hours apart
- Other caregivers in the home who remain under observation for development of COVID-19 should use standard procedural masks and hand hygiene when within 6 ft of the newborn until status is resolved.



MMC Guideline

Discharge



DISCHARGE

Plan for location of safe discharge of the newborn to be made on a case-by-case basis and should consider the mother's current health status and the health status of family members at home.

Consider deferring circumcision until airborne precautions are no longer necessary.

Review discharge instructions (part of AVS for newborns) including maintaining a distance of at least 6 feet from the newborn, use a mask and strict hand and breast hygiene until COVID+ caregivers are fever free for 72 hours and at least 7 days since first symptoms.

Follow-Up

- Discharge infant and mom with a baby scale
- plan f/u visit via telehealth with lactation and/or primary care provider



Supplemental Discharge Instructions

Reminder: these are *supplemental* instructions to be given in addition to normal newborn discharge instructions

Caring for your Newborn If You Have COVID-19

It is important for you and others caring for your newborn to follow all of the recommended safety steps that help stop the spread germs to others. **If you have, or think you may have, COVID-19, you must also take extra steps to protect your newborn.**



Post Discharge Office Visits- Maine experience

Following AAP guidelines:

- Weights at home (families discharged with scale- Amazon \$30)
- Telehealth check in day 3-5 with lactation or provider to assess:
 - History; feeding schedule; general well-being
 - PE: assess for jaundice, general appearance
- If any concerns- OV is scheduled at respiratory center ideally with alternate caregiver



Post Discharge Office Visits- other needs

- Children under 2 years of age should NOT wear a mask
- Public Health Nursing Program: check with your PHN colleagues locally; in Maine PHNs are available to do telehealth and/or home visits;
- Encourage these visits for families who want/need one



References/Attachments

- COVID 19 Initial Newborn Guidance AAP 4.2.20:

www.aappublications.org/newswww/2020/04/02/infantcovidguidance040220

- Guideline of Care for Newborn Exposed to COVID-19+ or PUI Mothers
 - Newborn COVID Supplemental Discharge Instructions (MMC)

